SHEA DARIAN offers talks and workshops that provide a wellspring of encouragement and healing for parents, grandparents, teachers and caregivers. She offers practical, inspirational tools to build healthy, joyful relationships and transform our often busy, chaotic 21st century lives with a greater sense of balance and peace.

Shea is an award-winning author and spiritual director, specializing in small groups and family spirituality. She earned a BA in Speech and Theater, a Master of Divinity, and a certificate in Non-Profit Administration & Community Building. Shea has served as Minister Thru the Arts, Minister of Worship and Waldorf School Administrator. She and her partner, Andrew, are the parents of two young adults. Shea considers her family to be her most sacred earthly sanctuary.

To book Shea for a speaking engagement, contact Shea at:
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Shea Darian's presentations are often described as “healing,” “inspirational,” and “life-changing.” Through Shea’s moving keynote talks and engaging workshops adults re-discover their own intuitive parenting wisdom. Parents, teachers and caregivers explore practical, creative tools to bring a greater sense of wonder, joy and peace to the home and classroom.

Shea’s workshops include story, presentation, conversation, poetry, song and simple ritual to engage participants in contemplating how rhythmic daily patterns, simple rituals, rites of passage and the arts can bring comfort, guidance and nourishment to ordinary moments and to the significant transitions of a young person’s life. It is possible in our fast-paced, electronic age to create a home or care-giving environment that is a haven for the soul.

“Parents and teachers are the most influential peacemakers and change agents in our culture. We can change the world for good one child, one family, one community of blessing-givers at a time.”

~ Shea Darian

Other Books & CDs by Shea
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